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Inner Mastery Centre
Designing a Life of Distinction

To Have More, Share More

Thus have I heard: Happiness does not obey the laws of mathematics. When you start dividing it among others, it actually multiplies!

Would you like to make a qualitative difference in this world? Then open your heart and share your love daily, to touch not only those to whom you can give it easily, but also those who need it so much, for there is no better way to set the tone for a brighter future for all.

Consider how most people are unable to discern that outer success is not the key to lasting happiness. Also, observe how most people believe that the high road to success is having life fulfil their expectations, but fail to live up to the “expectations” life has for them.

So, learn to embrace your present reality with gratitude, caring and enthusiasm, for the riches it has to offer. Rest assured that your biggest decisions and deepest desires are not related to anything other than your unveiling the sacred dimension to life. The more deeply you understand this, the greater will be your drive for setting your sails in the direction of discovering how to live a rich and enjoyable life within the framework of your daily experiences.

Seeing that you are born with essential goodness and endowed with natural intuitions about what is true and worthy, and what is not, learn to convert your errors into steppingstones for deeper understanding and your dreams into well-defined plans and intelligent, consistent activity. Just as an exceptional artist is meticulous in bringing out the best from within his medium of expression, you too can cultivate the skill in channelling your thoughts, words and actions towards crafting dazzling outcomes from the basic materials of your immediate reality.

To achieve this with ease, you have to set higher standards for yourself than that held by the masses. Remember, life rewards thoughtful action, not “thoughts about” acting a particular way, no matter how noble. Your actions may not hit the mark each time, but you will still be rewarded, through having undergone the experience and growing from it.

Since every habit and faculty is preserved and increased by its corresponding actions, stop feeding those temperamental passions that do not serve your best interests or the best interests of others. Instead, promote those habits of your heart and mind that will endear you to others and support your growth and wellbeing for the longest period of time.

All training is consciousness training, and a refined consciousness is the indispensable foundation for all worthy accomplishments. As you excel in channelling your thoughts insightfully, regardless of the conditions in front of you, you will gain the power and the perspective for transforming every situation into a blessing.

You cannot evolve into your best unless you also improve your way of looking at things and responding to them in a manner that sets your heart ablaze with love, joy and fulfillment.

Much as you learn a new skill, you can train your natural aptitude for greatness, this means that to have more of all the best things in life, it is imperative that you share more of all that is finest in you at all times. This is the only coin of the realm that matters for when you do this, you are able to reach into the heavens!

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